



ASBAIT Has You Covered With the Care You Need

Feel your best with no-cost* benefits you can access anywhere. Scan the QR codes below for more information.



Hinge Health

Get help with back and joint health using **digital exercise therapy**. Visit www.hingehealth.com/for/asbait/ or call 1.855.902.2777.



SkinIO™

Screen for skin cancer with an easy-to-use **virtual skin care** benefit. Download the app and enroll with code **ASBAIT48** to get started.



Teladoc Health®

Connect to a doctor 24/7 by phone or video for non-emergency visits. Download the app, visit www.Teladochealth.com or call 1.800.835.2362 to get started.



Alliance Work Partners (AWP)

Use **your employee assistance program (EAP)** to help you manage work stress, find legal help, receive counseling and more. Access your EAP benefits through AWP at www.awpnow.com with code **AWP-ASBAIT-2811** or call 1.800.343.3822.



Virta Health

A virtual clinic for nutrition-based care. With provider support, coaching and technology, members can bring the body back into balance using food as medicine to help naturally lose weight, lower A1C and reduce medication needs with the ultimate goal of reversing type 2 diabetes. Care is free for those who qualify.

Check eligibility:
<http://info.virtahealth.com/asbaitcycle>.

Resources are confidential and available at no cost* with your ASBAIT benefits!

*If you are on a HDHP plan, you may be required to pay a copay to access Teladoc Health.